



Welcome to Balmoral School

Traditional Learning
Centre (TLC)

May 8, 2025

learning | **as unique** | as every student



Calgary Board
of Education

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A TLC student demonstrates...

- respect for self, others, and the environment
- self-management and organizational skills
- participation in positive social interactions and takes an active role when engaging in problem solving, acts of citizenship and service
- acceptance of a rigorous academic environment
- willingness to pursue excellence across all disciplines of the Alberta Programs of Study
- a willingness to work independently
- a commitment to daily homework

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A typical day at Balmoral

- Buses arrive around 7:45am
- Classes begin at 7:55am
- Mon-Thu: 4 periods with nutrition break between periods 2/3 in AM, lunch break, 2 periods in PM
- Classes end at 2:30pm, buses leave by 2:45pm
- Lunch break with outdoor recess time (Grades 8/9 students are permitted to go off-campus with parent permission)
- Fri: 4 periods plus Character block
- Fri early dismissal at 11:30am

Sample Schedules (Mon-Thu)

Grade	Grade 5	Grade 7
Period 1	English Language Arts	PE
Period 2	Social Studies	Art
Period 3	PE	Math
Period 4	Music	Science
LUNCH	LUNCH	LUNCH
Period 5	Math	English Language Arts
Period 6	Science	Social Studies

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French as a Second Language (FSL)

- Mandatory FSL program – all students participate actively
- Program focuses on a blend of speaking, listening, reading and writing
- Year long program
- Promote a love of second language learning and expect all students to participate enthusiastically
- FSL lead teacher = Mme. Turner

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Music/Band

- General Music in Grades 5-6
- Band in Grades 7-9 (Overnight Band Camp in Grade 7)
- Expectations and benefits include daily practice, skill development, analytical listening skills and ability to self-assess
- Mandatory performances and events may include band clinics, festival performances and band camp
- Renting vs. owning instruments
- Extra fees associated with Band

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Character Education

- Safe, caring, respectful, welcoming learning environment for all
- Respect for self, others, environment
- Character education taught explicitly on Fridays and integrated into all curriculum areas
- Buddy classes:
 - Build strong learning communities across grades 5-9
 - Friendly competitions, spirit days and school events
 - Increases adult connections for all students

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Career and Technology Foundations (CTF)

- Offered every Friday for a double period
- All students in Grades 6-9 will take 2 CTF courses (1 per semester):
 - Examples: Foods, Construction, Robotics, Fashion, Coding, Film Studies, Environmental Stewardship, Multimedia, Marketing, and more
- Will try to give each students one of their top 3 choices during the school year.

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School Athletics

- Competitive team tryouts for Grades 7-9 (Calgary Middle School Athletics Association)
 - Soccer
 - Basketball
 - Cross-country running (6's)
 - Volleyball
 - Badminton (6's)
 - Track and Field (6's)
- Recreational intramurals at lunch
 - Wednesdays – girls only

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Extra-curricular activities

- Clubs: Art, Chess, Robotics, Dungeons and Dragons, Speech, Yearbook, Newspaper, etc.
 - New clubs offered based on student interest and teacher availability
- School musical in May/June
- Student leadership opportunities through Student Voice Council (SVC)
- Volunteer opportunities in school cafeteria, announcements, etc.
- Math contests - all year
- Science Fair – independent project with some teacher guidance

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Digital device policy

- “Away for the day” policy
- No personal devices are permitted during class time, unless permission has been given by the teacher that period
- All personal devices must be stored in lockers during class time
- Students are permitted to use their devices during lunch break, and before/ after school – ONLY OUTSIDE the school building
- Families who need to contact their child during the school day can call the office and leave a message. A student phone is also available in the office.

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Uniform requirements

- TLC crest uniform (NAVY BLUE) must be worn every day from Monday – Thursday.
- Fridays are casual days – students are expected to wear appropriate clothing for school.
- All uniform pieces must be clean, tidy, in good repair, and fit appropriately.
- TLC uniform pieces are available at: **McCarthy Uniforms, 5911 3 St SE, 403-252-9342 (www.mccarthyuniforms.ca)**
- **Next purchasing window = July 2 to October 31, 2025**

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Yellow School Bus Transportation

- yellow bus transportation provided following CBE congregated stop guidelines for alternative programs
- transportation for grades 6-9 may be offered through congregated yellow bus stops or Calgary Transit (no rebates are provided)
- parents pay an annual fee for CBE yellow bus service or purchase monthly Calgary Transit passes
- Congregated stops are reviewed annually and informed by pre-registration for transportation, online through [MyCBE](#)
- Congregated stops may not be within walking distance and alternate arrangements may be required to access the congregated stop

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Join our School Council

- A wonderful group of parents who meet once/month to share information, participate in decision-making that impacts all students, and organize fundraising.
- Currently actively recruiting new members!
 - Vice-Chair
 - Secretary
 - Treasurer
- Please email balmoral@cbe.ab.ca if you would like to join, or have more questions.

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Tour Our School

- Highlights:
 - Learning Commons
 - Cafeteria
 - Specialty classrooms, including Foods, Construction, and Music
 - Main office
 - Large outdoor field and playground
 - Historical building
- Ask questions!
- Return to gym after tour if you have any remaining questions

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Thank you for attending our information evening

First day of classes is September 2, 2025
(Sept 1 is Labour Day – no school)
School office open August 29, 2025

Questions?

Office phone number: 403-777-7330

Email: balmoral@cbe.ab.ca

Rakhee Vijairaghavan, Principal

Krista Keet, Assistant Principal

April Cribbie, Admin Secretary